



FACULTY OF PHYSICAL
EDUCATION, SPORT AND HEALTH
SKOPJE

SECOND CALL

7TH INTERNATIONAL SCIENTIFIC CONFERENCE RPESH 2026



SS. CYRIL AND METHODIUS
UNIVERSITY IN SKOPJE

ACTIVE CHILDREN, A HEALTHY FUTURE

From Scientific Evidence to National Action



18–20 September 2026



UKIM Congress Centre, Ohrid



Republic of North Macedonia



Every child moving, every day!

Dear Colleagues,

It is our great pleasure to announce that the Faculty of Physical Education, Sport and Health at Ss. Cyril and Methodius University in Skopje will organise the 7th International Scientific Conference RPESH 2026, which will be held from 18 to 20 September 2026 at the UKIM Congress Centre in Ohrid.

The conference will focus on contemporary scientific and professional developments in sport science, physical education, and health. Its central theme reflects a commitment to translating scientific evidence into effective educational, health, and social action aimed at fostering more active, healthier, and more successful future generations.

We invite researchers, university teachers, professionals, doctoral students, and students to present the results of their original research and contribute to the exchange of scientific knowledge and the development of new forms of regional and international cooperation.



THEMATIC AREAS

- 1 Children, Physical Activity, and Health**
 - Physical activity, physical fitness, and healthy habits among children and young people
 - Physical and health education; active schools
 - Sedentary behaviour, screen time, sleep, and quality of life
 - Sports nutrition and health
- 2 Sports Performance and Rehabilitation**
 - Sports performance, training, and performance diagnostics
 - Motor control and motor learning
 - Sports injuries, rehabilitation, and return to sport
- 3 Psychological, Educational, and Social Perspectives**
 - Psychological, sociological, and pedagogical aspects of physical education and sport
 - History of physical education and sport
 - Sport management, marketing, and media
 - Sport, recreation, and tourism
- 4 Technology and Research Methods**
 - New technologies and contemporary methods in sport science
 - Innovative research approaches



We invite researchers, university teachers, professionals, doctoral students, and students to present the results of their original research in one of the conference's thematic areas.



MORE INFORMATION



UKIM Congress Centre: www.kongressnicentar.com



RPESH Journal: <https://journal.pesh.mk/pesh>



Abstracts should be submitted to: pesh2026.abstracts@gmail.com



KEY DATES



Abstract submission deadline:

**5 September
2026**

Following the review process, authors will be notified of the decision regarding the acceptance of their submitted abstracts. Accepted abstracts will be published in the Book of Abstracts.



Full paper submission deadline:

**25 November
2026**

Full papers must be prepared in accordance with the author guidelines of the journal *Research in Physical Education, Sport and Health*. All submitted papers will undergo a standard peer-review process, after which authors will be notified of the Editorial Board's decision.



CONFERENCE FEE

Conference fee: €50

- International participants: payment by SEPA or SWIFT bank transfer
- Participants from North Macedonia: payment in Macedonian denars at the corresponding exchange rate



ACCOMMODATION

Accommodation is not included in the conference fee and must be arranged individually by each participant. Participants may choose a hotel, apartment, or another type of accommodation in Ohrid, preferably near the UKIM Congress Centre. Due to high tourist demand in Ohrid during September, early booking is strongly recommended.



SAVE THE DATE AND JOIN US AT RPESH 2026 IN OHRID!